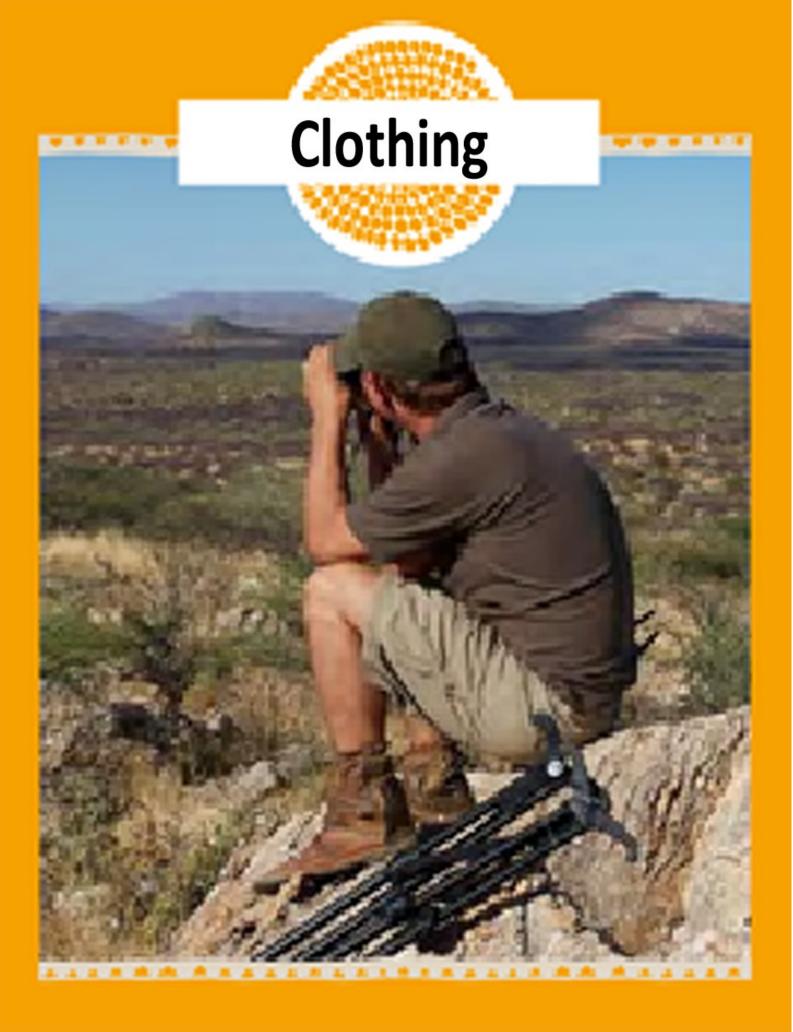
## **Check List**





## **Clothing**

- Light cotton clothing in olive green or sand colours (thorny)
- Light long and short pants (thorny)
- warm nightwear and sweaters / parkas for cool nights and early mornings
- o Softshell jacket or pullover
- Fleece jacket or Pullover
- Hat or cap (if necessary with neck protection)
- Sturdy shoes, stable but not too hard. Please do not come with "hard" hiking boots - these are too loud for the stalking!
- Gaiters (prevent the laces from opening, protection)
- Lightweight shoes and sandals for trips or on the farm
- Socks, underwear, best drying fast
- o Belt
- Bathroom utensils
- Your personal leisure clothing

## Watch out!

Make sure that the clothing is resistant to thorns. Almost all bushes and Shrubs are equipped with hard thorns and do not destroy suitable ones Clothes faster than you like.